Torsa Adjustment Instructions

Torsa features a new enhanced synchro mechanism with Comfort Drive and seat depth adjustment. Comfort Drive is an innovative cable-driven synchro mechanism that allows easy fingertip adjustment from a seated position.

Operating the adjustments of the Y/E3 enhanced synchro mechanism with Comfort Drive and seat depth adjustment is simple and easy. These instructions will show you how to adjust the seat height, seat depth, tilt lock and tilt tension using the levers and knobs conveniently located underneath your new SitOnIt Seating Torsa chair.

References to the chair’s right or left side are from a seated position. The seat has one lever and one knob on the right side and two levers on the left side. Let’s start with the levers on the **left side**.

**SEAT HEIGHT ADJUSTMENT**

The seat height is adjusted using the rear lever. To raise the seat, lift the paddle as you lift your weight slightly off the chair. Release the paddle when the seat reaches the desired height.

To lower the seat, remain seated and lift the paddle, similarly releasing it when the seat reaches the desired height.

**SEAT DEPTH ADJUSTMENT**

The lever closest to the front of the seat is used to adjust the seat depth. To increase the seat depth, lift the paddle and push your hips forward. Release the paddle and the seat will lock in the nearest available position.

To decrease the seat depth, lift the paddle and push your hips back. Release the paddle and again, the seat will lock in the nearest available position.
Now let’s move to the right side adjustments.

**TILT LOCK**

The tilt or recline feature is adjusted with a lever located on the right side of the seat. To unlock, move the lever backward toward the rear of the seat. To lock the tilt, move the lever forward, toward the front edge of the seat. You can lock the seat in either the reclined or upright position.

**TILT TENSION**

The knob located on the right side of the seat adjusts the tilt tension. Arrows printed on the knob indicate the direction of rotation. Rotating the knob clockwise increases tension while rotating counter-clockwise decreases tension.

View a video demonstration of the Y/E3 enhanced synchro mechanism with Comfort Drive and seat depth adjustment at [www.SitOnIt.net](http://www.SitOnIt.net).